

New 'Young Listeners' project gets underway



We launched our new Young Listeners project this month to help bring positive change to young people's health and social care services in Dorset. We're recruiting and training volunteer Young Listeners aged 16-25, to find out what young people think about the services they use and what changes they want to see.

Find our more, get involved, and spread the word:

healthwatchdorset.co.uk/project/young-listeners/

[Download and share our poster](#)

Volunteer with us **healthwatch**
Dorset

Be part of the positive change we're bringing to young people's health and wellbeing services in Dorset.
mental health - GPs - hospitals - dentists - pharmacies - NHS 111 - leaving care - SEND support

Aged 16-25? Become a Young Listener
Find out what young people think about the health and wellbeing services they use and what changes they want to see.

- Gain new skills and valuable work experience
- Get support and accredited training
- Build your confidence and resilience
- Meet other young people and work with them to influence positive change.

Get in touch

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✉ enquiries@healthwatchdorset.co.uk 📱 📺 📷 📺



Covid-19 vaccinations: keeping you informed and learning from your feedback

In response to Covid-19, the NHS has launched one of the largest public vaccination programmes ever. We can help you find the latest official information and advice about the vaccine and other local health and social care services. [Visit our website](#) for useful information and links, and please [get in touch](#) if you have questions about vaccinations or any other services.

To help local services and national policymakers understand how they can improve the vaccination programme, we will soon be asking local people to feedback about their vaccination experiences. Look out for more information on our website and social media (see below).

Help with transport to Covid-19 vaccinations

If you, or someone you know, needs help getting to your Covid-19 vaccination, there are several local community transport schemes available.

[Find out about local services here](#)



You can also contact [sedcat](#) (South East Dorset Community Accessible Transport), as they have extended their service to help more local people travel to their Covid-19 vaccination appointment. To book, call 01202 534027 (10.00am-2.00pm) weekdays.

Dorset Council asks:

'What does a good day look like?'

Dorset Council's Better Days adult services team are asking people to tell them what they do during the day, how they are supported, and what a good day looks like. They want to know, for example, about how people use day centres, community groups or respite services; about work and volunteering; and about the support people get from personal assistants, family and friends. Dorset Council will use public feedback to help develop daytime opportunities for local people.



You can get involved by completing an online survey by 26 March 2021:

[adultsocialcare.dorsetcouncil.gov.uk/be-part-of-your-community/take-part-in-our-live-](https://adultsocialcare.dorsetcouncil.gov.uk/be-part-of-your-community/take-part-in-our-live-consultations/#)

[consultations/#](https://adultsocialcare.dorsetcouncil.gov.uk/be-part-of-your-community/take-part-in-our-live-consultations/#) , call 01305 228554, email

abetterlife@dorsetcouncil.gov.uk, or book to join a live group chat on 1 or 17 March.

Grants available from Communities against Cancer

It's World Cancer Day on the 4 February and Communities against Cancer has received funding from the Wessex Cancer Alliance to provide grants to individuals, groups and not for profit organisations. Grants can be used by groups in creative ways to engage with the people they're supporting to get across key cancer messages. Cancer is more treatable the earlier it is diagnosed, so it's important that people attend cancer screening and go to their doctor if they notice something unusual for them - early diagnosis saves lives.

Groups and individuals from across Dorset can apply for a grant of up to £5,000 (starting from January 2021).

[Find out more details here](#)



Speak up and help make health and social care better
for you and your community

Healthwatch Dorset is the county's independent health and care champion. We exist to ensure that people are at the heart of care. Our dedicated team of staff and volunteers listen to what people like about local health and care services, and what could be improved. These views are then shared with the decision-making organisations in the county, so together we can make a real difference. We cover the geographical area of Dorset, which includes the unitary authority areas of Bournemouth, Christchurch and Poole and Dorset.



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