

Do you look after someone?

If the answer is yes, you are a carer.

A carer can be anyone of any age who is unpaid and supports a friend or family member due to their illness, disability, frailty, mental ill health or substance misuse.

We have a Carer Passport scheme, which includes:

- flexibility with visiting times
- inclusion in care
- inclusion to assist at mealtimes
- involvement in discussing and planning for discharge
- access to information about patient care (with relevant consent).



Carers' Resource Information and Support Programme (CRISP)

for Bournemouth, Christchurch and Poole (BCP)
Tel: 01202 128787 Website: www.crispweb.org

Carer Support Dorset

for Dorset Council area

Tel: 0800 368 8349

Website: www.carersupportdorset.co.uk